

Mexican Mushrooms Growbox Instructions

Step 1a) Verify the contents of your box: 1 growbox, 1 growbag and 2 paperclips.

Step 1b) Wash your hands thoroughly and clean the growbox on the outside with a clean wet piece of cloth.

Wash your hands before every following step!



Step 2a) Remove the lid from the box.

Step 2b) Take a clean fork (not included) and make holes in the substrate. Divide the holes equally (6 to 8 rows of holes is enough) over the growbox. This makes it easier for the substrate to absorb water.



Step 3) Fill the growbox with tepid water and put the lid back on the box. Leave the box to soak for 24 hours.



Step 4) The next day, remove the lid from the box (but keep it) and pour out the redundant water.



Step 5a) Add 0,5 liter (2 cups) of tepid water to the growing bag (included).
Step 5b) Place the growbox in the growing bag. Close the growing bag by folding the top and secure it with two paperclips (included).



Step 6) Place the growing bag somewhere on a warm place (20-25°C) and make sure there is enough daylight (not under a lamp). Do not place the growing bag in direct sunlight and do not place the growing bag on a heating device. Make sure the temperature does not exceed 35°Celsius; otherwise the mushroom may not survive!!



Step 7) Spray water daily (by using a plant water sprayer). After harvesting you should do this as well.



Step 8) After about 10 to 12 days the first mushrooms appear.



Step 9) Harvest-time! Just before the mushrooms start to open gently hold them at the root and delicately twist and lift them to pull the mushroom out. By doing so, it becomes possible for new mushrooms to grow.

Check out the illustration to see when the mushrooms are about to open.

Step 10) For the next harvest / flush start again at step 4).

Have fun!

The Mushroom Life Cycle

with extra special thanks to Paul Stamets.

